

Seamless Insurance Conversion

Extend Your Health & Dental Coverage Beyond Retirement

Why Convert Your Group Insurance?

Transitioning from an employer-sponsored insurance plan to an individual policy can be vital to maintain continuity of coverage. When you retire, your group health and dental benefits may end. But with Manulife's FollowMe™ Health and Dental plan, you can seamlessly convert your existing group insurance to an individual policy, ensuring you and your loved ones remain protected.

Simple & Guaranteed Conversion Process

With FollowMe™ Health and Dental, offered by Manulife, converting your group coverage is straightforward and convenient:



No Medical Exams Required: Avoid the hassle of medical examinations. Your health status at retirement does not affect eligibility.



Guaranteed Acceptance: As long as you apply for medical insurance conversion within 90 days, or life conversion within 30 days of your group plan ending, your acceptance is assured.



Flexible Coverage Levels: Choose from four levels of coverage to match your specific needs and budget, including prescription drugs, dental, vision care, and access to specialists.

Don't let your coverage lapse! Ensure continuous health and dental protection by contacting us today.

Connect with us to learn how we can make your conversion easy.

Book a Free Consultation

Scan the QR code or visit:
Coughlin.ca/ifs

Or contact us (613) 369-4270
ifsreferrals@coughlin.ca



Coverage to Fit Your Needs

What You Get with Manulife's FollowMe™ Health

FollowMe™ Health, offered by Manulife, provides comprehensive benefits that can include:



Prescription Drugs: Coverage for you and your family, ensuring access to essential medications.



Professional Therapy: Access to registered specialists, such as chiropractors and massage therapists.



Dental Services: From routine cleanings to emergency dental work, receive coverage that keeps you smiling.



Experience solid coverage, affordable rates, and fast, easy claims processing. Best of all, there are no lifetime maximums on many benefits.



Vision Care: Support for eye exams, glasses, and even laser eye surgery.

Meet Laura!

Extending Coverage After Retirement

Laura is a recently retired 65-year-old with no existing health conditions, who does not smoke. Laura enjoyed excellent health and dental coverage through her employer but was concerned about what would happen when she no longer had access to these benefits. Knowing that her coverage would end upon retirement, she turned to Manulife's FollowMe™ Health plan for a smooth transition.

Through the Manulife's FollowMe™, Laura was able to secure an affordable monthly rate. With no medical exams or waiting period, she seamlessly extended her health and dental benefits, ensuring continuous protection for her future needs.



With FollowMe™ Health, offered by Manulife, you'll enjoy affordable rates, guaranteed acceptance, and a seamless transition from group to individual coverage. Protect yourself and your loved ones beyond retirement with a plan that's designed to meet your ongoing needs.